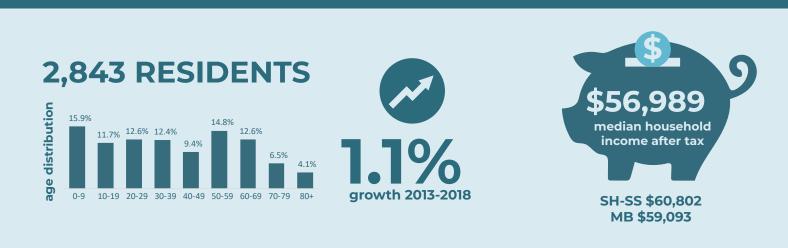
Southern Health-Santé Sud 2019 Community Health Assessment

GREY DISTRICT Summary of Grey Municipality





live in low income SH-SS 15% and 21.1% MB 15% and 21.9%



HOUSING AFFORDABILITY

27% of tenants & 15% owners spend 30% + on shelter costs, similar to regional prevalence



#### **EDUCATION**

with no certificate, degree, diploma but more (45.6%) have postsecondary education

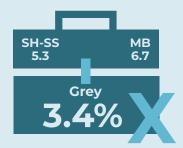


#### SOCIOECONOMIC FACTOR INDEX

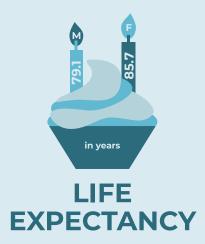
reflects socioeconomic conditions and social determinants of health (income, marital status, education, unemployment)

### **BETTER VS. MB** & IMPROVING

### UNEMPLOYMENT



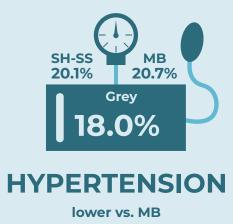
unemployed as a % of the labour force

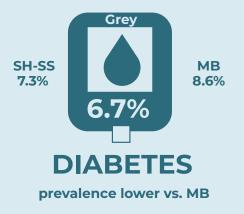


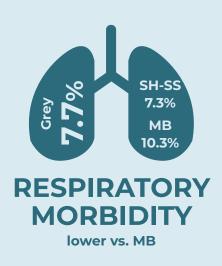


**DENTAL INSURANCE** 

lower vs. MB & lowest in the region



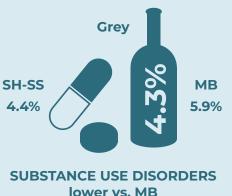




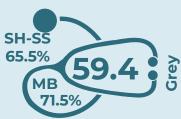
## **MENTAL HEALTH**



MOOD & ANXIETY DISORDERS 1 of 3 regional districts not lower vs. MB



#### **PRIMARY CARE**

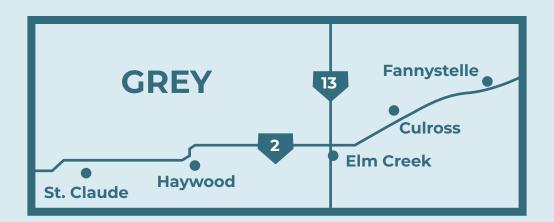


**MAJORITY OF CARE** 

lower vs. MB & decreasing



BENZODIAZEPINE OVERPRESCRIBING TO COMMUNITY OLDER ADULTS lower vs. MB & lowest in the region



# DEFINITIONS

**Median household income:** Median combined total income after tax of all household members aged 15+ years

**Low income:** 50% of the median income in Canada adjusted for family size and composition, as a % of households and % of children (17 years and younger)

**Housing affordability:** Housing is un-affordable when spending 30+ % of total household income on shelter expenses (e.g., electricity, water, municipal services, rent, mortgage, etc.)

Education: % ages 15+ years with no certificate, diploma, or degree

**Socioeconomic Factor Index:** Reflects socioeconomic status and social determinants of health as a composite score of average household income, % of single parent households, unemployment rate ages 15+ years, and % ages 15+ years with no high school graduation

**Unemployment:** % ages 15+ years unemployed as a % of the labour force population

Life expectancy: Expected length of life in years based on patterns of mortality

**Dental Insurance:** % of participants who reported having dental insurance coverage

Hypertension: % ages 19+ years diagnosed with high blood pressure

**Diabetes prevalence:** Total % of residents with diagnosed (Type 1 and 2) diabetes (incidence: new diagnoses per 100 person-years)

**Total respiratory morbidity:** % diagnosed with respiratory disease (asthma, chronic or acute bronchitis, emphysema, or chronic airway obstruction)

Mood and anxiety disorders: % adults diagnosed with mood or anxiety disorders

Substance use disorders: % adults diagnosed with substance use disorders (alcohol and/or drug)

**Majority of care:** % who received at least 50% of their ambulatory visits from the same physician or nurse practitioner - continuity is associated with improved satisfaction and better health outcomes

**Benzodiazepine overprescribing (community):** % ages 75+ years living in community (excludes personal care homes) who had at least 2 prescriptions for benzodiazepines or at least 1 dispensed with more than a 30-day supply - Benzodiazepines are used to treat seizures, anxiety, and insomnia but are not recommended for older adults because of safety concerns (e.g., confusion, memory loss, coordination)

For more information on the health of the residents in your area & Southern Health-Santé Sud, visit www.southernhealth.ca for the complete 2019 Community Health Assessment