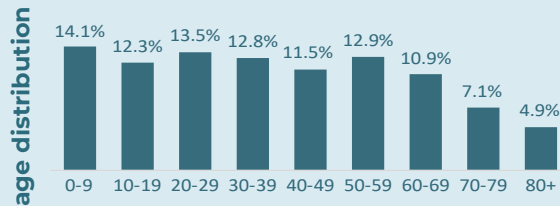


# CITY OF PORTAGE DISTRICT

## Summary of City of Portage

### 15,905 RESIDENTS



**3.9%**

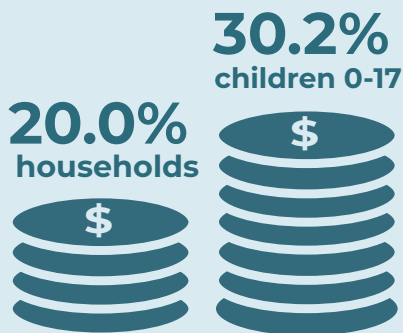
growth 2013-2018



**\$51,051**

median household  
income after tax

SH-SS \$60,802  
MB \$59,093



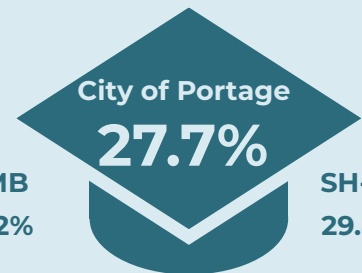
### live in low income

SH-SS: 15% and 21.1%  
MB: 15% and 21.9%



### HOUSING AFFORDABILITY

36% of tenants & 7% owners  
spend 30% + on shelter costs,  
similar to region & province



### EDUCATION

aged 15+ with no certificate, degree,  
diploma but more (41.7%) have  
postsecondary education

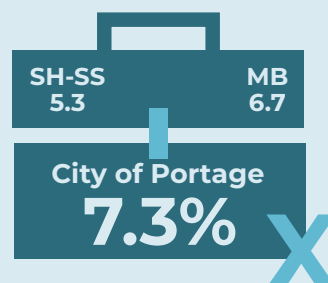


### SOCIOECONOMIC FACTOR INDEX

reflects socioeconomic conditions  
and social determinants of health  
(income, marital status, education,  
unemployment)

**WORSE VS. MB  
& WORSENING**

### UNEMPLOYMENT



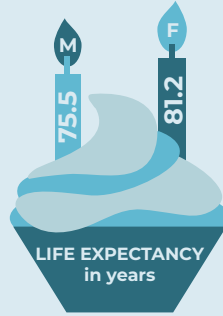
unemployed as a %  
of the labour force

# MORTALITY

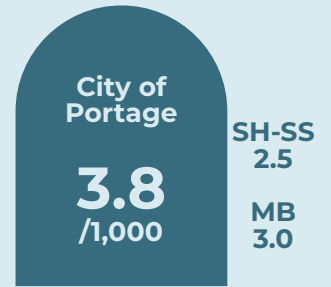
City of Portage



Highest % of lone parent families in the region, primarily women-led

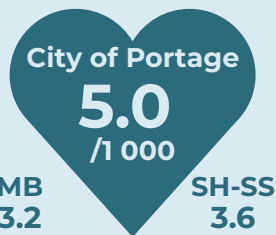


MALE LIFE EXPECTANCY lower vs. MB

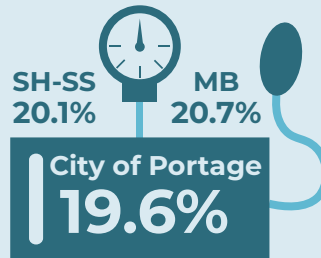


PREMATURE DEATHS higher vs. MB

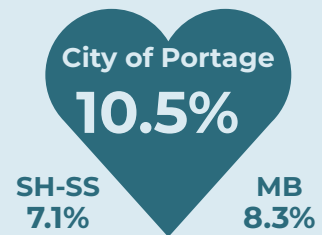
# CARDIOVASCULAR DISEASES



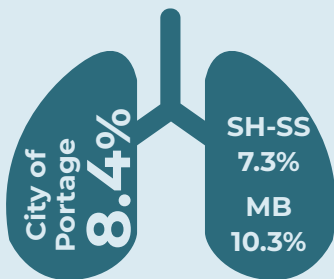
HEART ATTACK RATE higher vs. MB



HYPERTENSION lower vs. MB

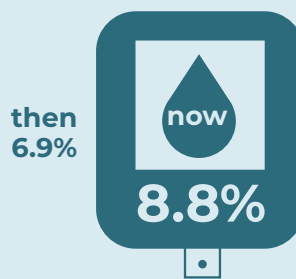


ISCHEMIC HEART DISEASE higher vs. MB



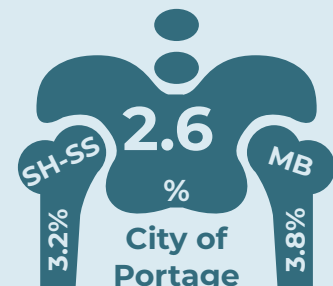
## RESPIRATORY MORBIDITY

lower vs. MB and decreasing



## DIABETES

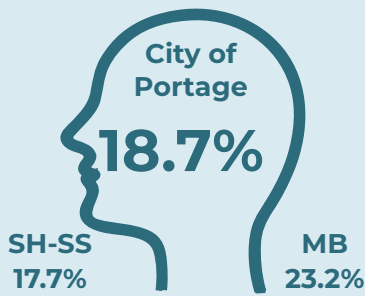
prevalence increasing over time (incidence also increasing)



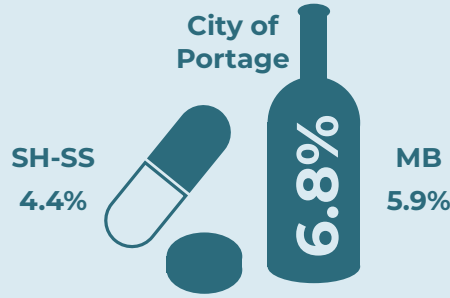
## OSTEOPOROSIS

lower vs. MB decreasing over time

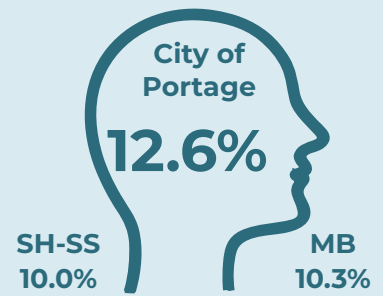
# MENTAL HEALTH



**MOOD & ANXIETY DISORDERS**  
lower vs. MB



**SUBSTANCE USE DISORDERS**  
higher vs. MB & highest  
in the region

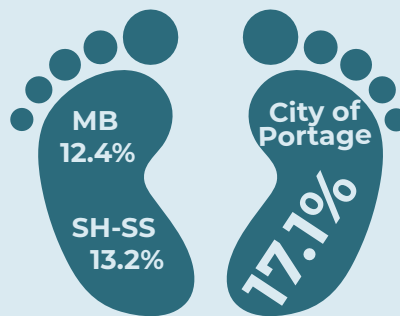


**DEMENTIA**  
higher vs. MB

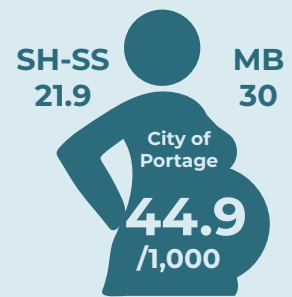
# HEALTHY CHILD DEVELOPMENT



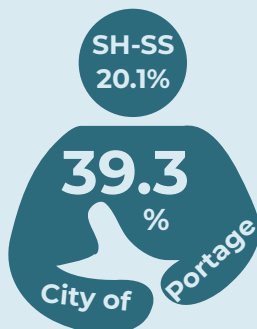
**PEDIATRIC DENTAL EXTRACTIONS** decreasing



**LARGE FOR GESTATIONAL AGE** higher vs. MB

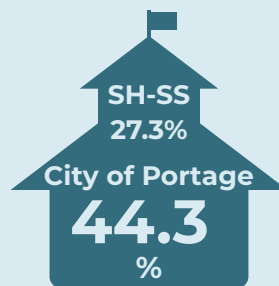


**TEEN PREGNANCIES (& births)** higher vs. MB



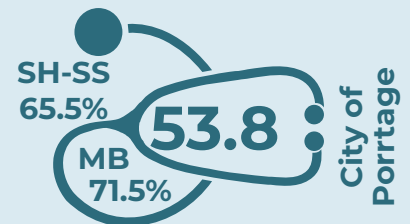
## MOTHERS 3+ RISK FACTORS

highest in region



## READINESS FOR SCHOOL

children identified 'vulnerable' in kindergarten highest in region



## MAJORITY OF CARE

lower vs. MB BUT increasing

**Median household income:** Median combined total income after tax of all household members aged 15+ years

**Low income:** 50% of the median income in Canada adjusted for family size and composition, as a % of households and % of children (17 years and younger)

**Housing affordability:** Housing is un-affordable when spending 30+ % of total household income on shelter expenses (e.g., electricity, water, municipal services, rent, mortgage, etc.)

**Education:** % ages 15+ years with no certificate, diploma, or degree

**Socioeconomic Factor Index:** Reflects socioeconomic status and social determinants of health as a composite score of average household income, % of single parent households, unemployment rate ages 15+ years, and % ages 15+ years with no high school graduation

**Unemployment:** % ages 15+ years unemployed as a % of the labour force population

**Lone parent families:** Families on the census with only one parent of any marital status (e.g., divorced, separated, widowed, or never married) living with at least one child in the household

**Life expectancy:** Expected length of life in years based on patterns of mortality

**Premature mortality:** Number of deaths before the age of 75 years per 1,000 population

**Heart attack:** Rate of death or hospitalization due to heart attack per 1,000 residents ages 40+ years

**Hypertension:** % ages 19+ years diagnosed with high blood pressure

**Ischemic heart disease (IHD):** % ages 19+ years diagnosed with IHD (coronary artery disease)

**Total respiratory morbidity:** % diagnosed with respiratory disease (asthma, chronic or acute bronchitis, emphysema, or chronic airway obstruction)

**Diabetes prevalence:** Total % of residents with diagnosed (Type 1 and 2) diabetes (incidence: new diagnoses per 100 person-years)

**Osteoporosis:** % 50+ years diagnosed with osteoporosis, which reduces bone density

**Mood and anxiety disorders:** % adults diagnosed with mood or anxiety disorders

**Substance use disorders:** % adults diagnosed with substance use disorders (alcohol and/or drug)

**Dementia:** % 55+ years diagnosed with dementia

**Pediatric dental extractions:** Rate of hospital-based dental surgeries involving extractions for children under 6 years, per 1,000

**Large for gestational age:** % of live hospital births weight falls above Canadian 90th percentile

**Teen pregnancies:** Rate of pregnancies (live births, stillbirths, abortions, and ectopic pregnancies) per 1,000 female residents ages 15-19

**Mothers risk factors:** % of screened mothers on Families First assessment with 3+ risk factors leading to poor childhood outcomes: alcohol use, smoking, less than high school education, financial difficulties, and maternal depression and/or anxiety

**Readiness for school:** % of kindergarten children identified as 'vulnerable' for age-appropriate developmental expectations on the Early Development Instrument for five areas of development

**Majority of care:** % who received at least 50% of their ambulatory visits from the same physician or nurse practitioner - continuity is associated with improved satisfaction and better health outcomes