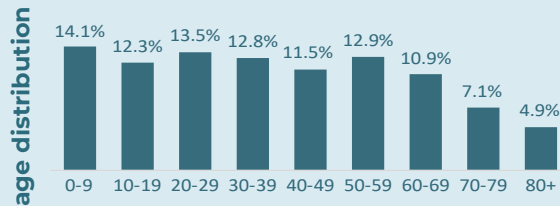


CITY OF PORTAGE DISTRICT

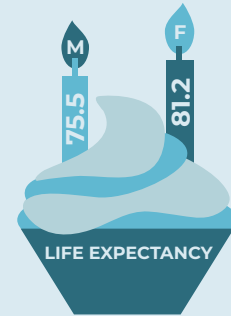
Summary for Community Food Matters

15,905 RESIDENTS



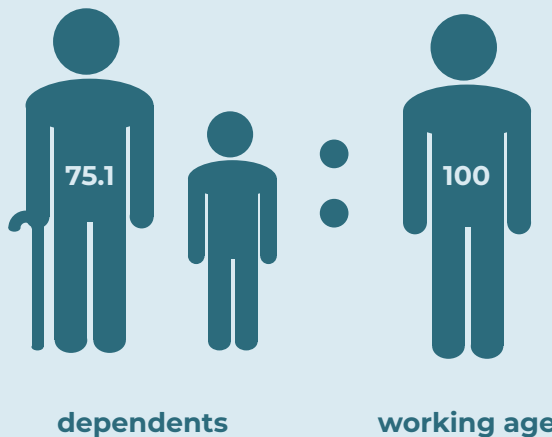
3.9%

growth 2013-2018



male life expectancy
lower vs. MB

City of Portage



DEPENDENCY RATIO

There are 75.1 youth (0-19) & older adults (65+) dependents for 100 of the working age population (20-64). A higher dependency ratio indicates more pressure on the working population to care for dependents

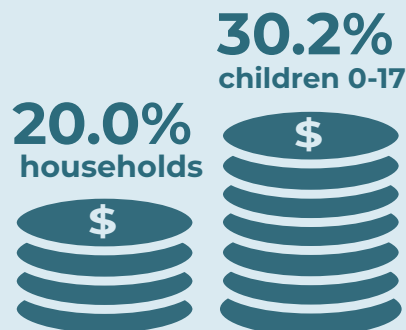
City of Portage



Highest % of lone parent families in the region, primarily women-led



SH-SS \$60,802
MB \$59,093



live in low income

SH-SS: 15% and 21.1%
MB: 15% and 21.9%

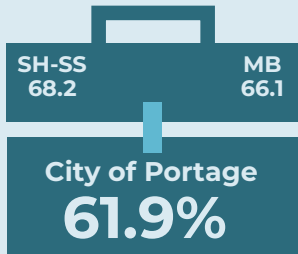


HOUSING AFFORDABILITY

36% of tenants & 7% owners spend 30% + on shelter costs, similar to region & province

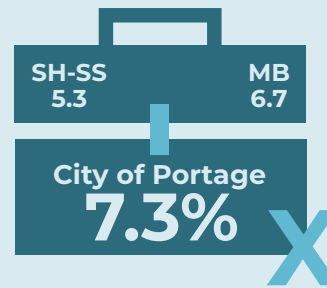
For more information on the health of the residents in your area & Southern Health-Santé Sud, visit www.southernhealth.ca for the complete 2019 Community Health Assessment

LABOUR FORCE



aged 15+ participate in labour force, more males vs. females

UNEMPLOYMENT



unemployed as a % of the labour force



SOCIAL DEPRIVATION

reflects status of family, workplace, & community relationships



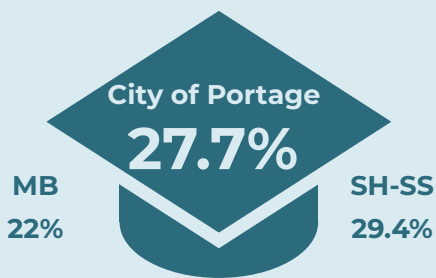
MATERIAL DEPRIVATION

reflects status of wealth, goods, & conveniences

WORSE VS. MB & WORSENING

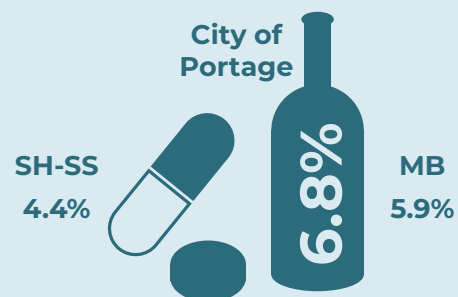
WORSE VS. MB & WORSENING

EDUCATION

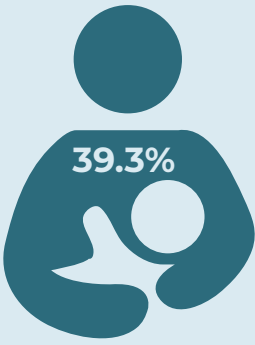


aged 15+ with no certificate, degree, diploma but the majority (41.7%) have postsecondary education

SUBSTANCE USE



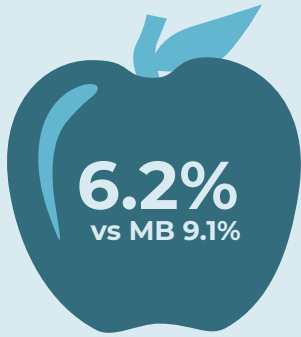
disorders higher vs. MB & highest in the region



HIGHEST % OF SCREENED MOTHERS WITH 3+ RISK FACTORS ON FAMILIES FIRST SCREENING IN THE REGION

Risk factors include maternal alcohol use, maternal smoking, mother has less than high school education, financial difficulties, maternal depression and/or anxiety

IN SOUTHERN HEALTH-SANTÉ SUD...



in SH-SS report moderate/severe food insecurity

COMMUNITY BELONGING

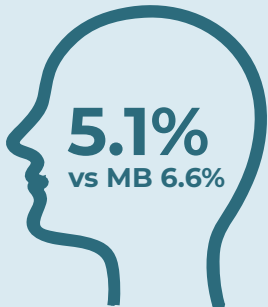


SH-SS

22.7% very strong

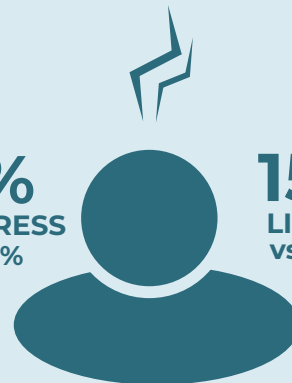
50.2% somewhat strong

21.5% somewhat/very weak



in SH-SS report poor/fair mental health

12.2%
WORK STRESS
vs MB 15.3%



15.5%
LIFE STRESS
vs MB 18.9%

in SH-SS report quite a bit /extremely stressful