



COMMUNITY MENTAL HEALTH SERVICES ADULT REFERRAL FORM Call Toll Free: 1-888-310-4593



REFERRAL DATE (DD/MMM/YYYY): \_\_\_\_\_



YES NO

CLIENT NAME: (FIRST NAME) (LAST NAME) GENDER: \_\_\_\_\_

D.O.B: (DD/MMM/YYYY) AGE: PHIN #: MHSC #: \_\_\_\_\_

ADDRESS: (STREET#/ NAME/ BOX #) (TOWN/CITY) (PROVINCE) (POSTAL CODE) \_\_\_\_\_

HOME PHONE #: CELL #: PERMISSION TO LEAVE VOICEMAIL? YES NO

BEST METHOD OF CONTACT: \_\_\_\_\_

ABORIGINAL STATUS: YES NO

IS THE CLIENT AWARE AND AGREEABLE TO MENTAL HEALTH SERVICES? YES NO

NAME OF REFERRAL SOURCE: \_\_\_\_\_

SELF PARENT/GUARDIAN PHYSICIAN SCHOOL OTHER \_\_\_\_\_

REFERRAL SOURCE TELEPHONE #: FAX #: \_\_\_\_\_

ADDRESS: (STREET#/ NAME/BOX #) (TOWN/CITY) (PROVINCE) (POSTAL CODE) \_\_\_\_\_

INTERPRETATION SERVICES (available, if required): Language: \_\_\_\_\_

REASON FOR REFERRAL: (CHECK ALL THAT APPLY):

- DEPRESSION, ANXIETY, HEARING VOICES or SEEING THINGS, MEMORY CONCERNS, THOUGHTS TO END LIFE, CHANGES IN MOOD/BEHAVIOR, MANAGING ILLNESS, UNUSUAL THOUGHTS/IDEAS, RECENT LOSS / LIFE CHANGE, SELF-HARM, SLEEP / APPETITE DISTURBANCE, SUBSTANCE USE, TRAUMA, THREATS / HARM TO OTHERS, OTHER

(PLEASE SPECIFY) \_\_\_\_\_

If this is a mental health emergency please call the mental health crisis line at 1-888-617-7715 or 1-866-588-1697 or proceed to your local hospital emergency department.

**DIFFICULTIES WITH: (Check all that APPLY):**

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> FINANCES                 | <input type="checkbox"/> EMPLOYMENT/SCHOOL           | <input type="checkbox"/> FAMILY/SOCIAL RELATIONSHIPS |
| <input type="checkbox"/> HOUSING                  | <input type="checkbox"/> MANAGING DAILY LIVING TASKS | <input type="checkbox"/> ALCOHOL/DRUGS/GAMBLING      |
| <input type="checkbox"/> MEMORY/THINKING PROBLEMS | <input type="checkbox"/> MANAGING ILLNESS SYMPTOMS   | <input type="checkbox"/> MANAGING MEDICATION         |

Please specify: \_\_\_\_\_

DURATION OF PROBLEM:  Under 3 months  6-12 months  1year+

IS THIS A NEW CONCERN:  YES  NO (IF YES, PLEASE SPECIFY...) \_\_\_\_\_

**OTHER AGENCIES INVOLVED:** (e.g. Public Trustee, Power of Attorney, Employment & Income Assistance, Child & Family Services, Workers Compensation Board, Manitoba Public Insurance, Probation, Housing supports, Court/Legal matters, Adult Community Disability Services)

YES  NO If yes, please specify: \_\_\_\_\_

MENTAL HEALTH HISTORY: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

NAME OF PSYCHIATRIST/PSYCHOLOGIST/OTHER MENTAL HEALTH PROFESSIONAL: \_\_\_\_\_

ACCESS TO EMPLOYEE ASSISTANCE PROGRAM OR GROUP HEALTH:  YES  NO

If yes, please specify: \_\_\_\_\_

FAMILY PHYSICIAN: \_\_\_\_\_

PAST/PRESENT MEDICAL CONDITIONS:  YES  NO (IF YES, PLEASE SPECIFY...) \_\_\_\_\_

PAST/PRESENT MENTAL HEALTH DIAGNOSIS:  YES  NO (IF YES, PLEASE SPECIFY...) \_\_\_\_\_

PAST/PRESENT MEDICATIONS:  YES  NO (IF YES, PLEASE SPECIFY...) \_\_\_\_\_

**PLEASE INCLUDE ALL RELEVANT ASSESSMENTS, HOSPITAL DISCHARGE SUMMARIES, PSYCHIATRY AND/OR PSYCHOLOGY REPORTS, OCCUPATIONAL THERAPY OR OTHER RELEVANT REPORTS.**

SIGNATURE OF PERSON COMPLETING THE REFERRAL: \_\_\_\_\_

**\*\*\*\* Missing Information will delay the referral process \*\*\*\***

**PLEASE SEND COMPLETED FORM BY FAX TO MENTAL HEALTH ACCESS SERVICES AT 204-326-1680**



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