

**Adapted to meet Southern Health-Santé Sud IP&C/Occupational Health COVID-19 Screening
EFFECTIVE March 12, 2021**

COVID-19 Screening Tool for SH-SS based on OESH, Public Health and Health Links

Purpose: This tool is intended to assist with calls about novel coronavirus (COVID-19), specifically to determine if a caller should be investigated for COVID-19. This screening tool is intended to supplement clinical judgement, not supersede it.

Disease information: COVID-19 management protocol and information available at: <https://www.gov.mb.ca/health/publichealth/diseases/coronavirus.html>.

Instructions: Where more than one option is listed in one question, circle option relating to Yes answer. Provide additional details when faxing form to Public Health, i.e. outbreak code (OB Code), case identifier, date of last contact with positive.

Risk Assessment: Initial Screening Return to Work Screening Test Result: Negative Positive

Specimen Collection Date _____

A. Do you have new onset of any of the below symptoms?			
	• Fever > 38°C or subjective fever/chills	Yes	No
	• Cough	Yes	No
	• Sore throat/hoarse voice	Yes	No
	• Shortness of breath/breathing difficulties	Yes	No
	• Loss of taste or smell	Yes	No
	• Vomiting or diarrhea for more than 24 hours	Yes	No
B. Do you have new onset of 2 or more of any of the below symptoms?			
	• Runny nose	Yes	No
	• Muscle aches	Yes	No
	• Fatigue	Yes	No
	• Conjunctivitis (pink eye)	Yes	No
	• Headache	Yes	No
	• Skin rash of unknown cause	Yes	No
	• Nausea or loss of appetite	Yes	No
Date of onset of symptoms? (YY/MM/DD) _____			
1.	Have you been in contact (face-to-face contact within 2 meters/6 feet) in the last 14 days with someone that is confirmed to have COVID-19 for 10 minutes or longer? (no PPE or breach) Date of contact _____ Covid-19 positive case Name _____ COVID-19 positive 2 nd identifier (DOB/PHIN/Phone #/Address) _____	Yes	No
2.	Have you had laboratory exposure while working directly with specimens known to contain COVID-19? (no PPE or breach)	Yes	No
3.	Have you been in large group setting in Canada in the last 14 days where someone has been confirmed to have had COVID-19, such as on a flight, large event, outbreak setting (no PPE or breach) or received notification of exposure from the COVID-19 App? OB Code _____ Date of contact _____ COVID-19 positive identifier if known (flight #, name/location of event, name, PHIN)	Yes	No
4.	Have you travelled outside of Manitoba in the last 14 days?	Yes	No
5.			
6a.	In the last 14 days, have you had close contact (face-to-face contact within 2 meters/6 feet for 10 minutes or longer) with someone, including a household member, who is ill with COVID-19 symptoms who is not known to be exposed to COVID-19? (no PPE or breach)	Yes	No
6b.	Do you have a symptomatic or asymptomatic close contact/household member who has been exposed to a confirmed COVID-19 case in the last 14 days?	Yes	No
6c.	Have you been in close contact (within 2 metres in the same space for 10 minutes or longer) with a symptomatic or asymptomatic close contact/household member who has travelled outside Manitoba in the last 14 days?	Yes	No

NAME OF STAFF: _____ **JOB CLASSIFICATION:** _____

TELEPHONE #: _____ **PHIN:** _____ **DOB:** _____

Fax screening tool to Public Health, ICP and/or ED according to direction.

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NOTE: If the staff answers YES to more than one question, always provide the DIRECTION with the highest level of concern.

SYMPTOMATIC PATH

DIRECTION 1: If symptomatic and yes to question 1. Have you been in contact (**face-to-face contact within 2 meters/6 feet**) in the last 14 days with someone that is confirmed to have COVID-19 for **10 minutes or longer?** (**No PPE or breach**)

Point of Clarification:

Did the contact occur while the person was symptomatic OR during their period of communicability (48 hours before onset of symptoms or 48 hours from date of asymptomatic swab)?

- If YES, continue with Direction 1.
- If NO, staff not exposed, follow Direction 8.

Confirm Contact

- Have you had close prolonged contact (10 minutes or longer of cumulative exposure within 2 meters without PPE with a case while they were infectious (see definition above)?
- Have you had direct physical contact with the case (hugging or kissing) or contact with infectious secretions (coughed or sneezed on, sharing food, drinks, cigarettes etc.) without PPE?
 - Yes, continue with Direction 1.
 - No, not considered a contact, follow Direction 8 or applicable Direction.

Immunity

Have you been deemed 'recovered' from COVID-19 by Public Health in the last 90 days?

- Yes and symptomatic HCW: present for testing and self-isolate.
 - Positive test result – continue to self-isolate, consult with site ICP for review with MOH for further direction.
 - Negative test result – continue to self-isolate until asymptomatic for greater than 24 hours without the use of fever lowering medications. Due to immunity, HCW does not need to self-isolate for the full 14 days from last date of exposure.
- Not COVID-19 recovered OR greater than 90 days since recovered: test and self-isolate, continue with Direction 1.
 - If HCW has had a recent vaccination – testing and self-isolation is still recommended at this time due to exposure to positive case, continue with Direction 1.

Vaccination – Individuals who have received a full series of immunization for COVID-19 (2 doses for current authorized vaccines), and more than 2 weeks have lapsed since the last dose in the series are not considered exposed. Due to current symptomatic HCW, follow Direction 8.

Test

- Symptoms severe, send to closest ED for assessment and testing (*fax screening tool referral to ED*).
- Symptoms are NOT severe and does not need ED assessment, send to Community Testing Site.
 - Provincial testing appointment line: 1-855-268-4318
 - Links to testing page and testing site locations: <https://patient.petalmd.com/login?groupId=5930&locale=en> or <https://www.gov.mb.ca/covid19/testing/locations.html#appointment>
- Public Health recommends that all contacts to positive cases should be tested 10 days after their last exposure to the case. If tested prior to 7 days post exposure, repeat testing is recommended.
 - If initial swab done at time of onset of symptoms is positive – do not re-test, continue to self-isolate, see RTW for positive cases.
 - If initial swab done at time of onset of symptoms is negative and done less than 7-10 days since last contact to positive case, re-testing is recommended. Continue to self-isolate until 14 days from the last contact to a positive case AND test results are available.
- For close contacts of COVID-19 Variants of Concern (VOC) cases – see **Appendix F**.
- Please let your manager know you have been advised to go for testing and talked to OH.
- Refusal of test, HCW who refuses testing must self-isolate – see details in RTW Screen below.

Isolate

- Self-isolate for 14 days from date of last contact to positive case. See RTW for implications of test results.
- Household members: All household members must also self-isolate until the close contact has received a negative test results collected at 10 days after the last exposure (if tested prior to 7 days post exposure, repeat testing is recommended).
 - **PRS Red Zone additional recommendations:** Due to the high volume of COVID-19 cases and the need to urgently reduce spread of the virus, household members without symptoms must also self-isolate (quarantine) until test results at day 10 are received. The symptomatic individual needs to stay in their own room and, if possible, use their own bathroom and not use common areas.
 - Exemptions are in place for asymptomatic household members if they are an essential worker required to wear PPE while at work such as health-care workers or first responders OR are fully immunized with two doses (of current vaccines) AND 14 days have passed since their second dose.
 - Refusal of test: If the close contact is **not tested** all household members must self-isolate until the close contact in the household completes their 14 day self-isolation period. The symptomatic individual needs to stay in their own room and, if possible, use their own bathroom and not use common areas.
 - Exemptions are in place for asymptomatic household members if they are an essential worker required to wear PPE while at work such as health-care workers or first responders OR are fully immunized with two doses (of current vaccines) AND 14 days have passed since their second dose.

- See **Appendix A** for detailed self-isolation instructions.
- Please call OH back if you develop any more severe symptoms or you have any questions. For further COVID-19 information, please visit the Southern Health-Santé Sud website.
- Call OH with positive results and RTW screen.

NOTIFY: Public Health (fax screening tool to 204-428-2734), site ICP, update OH spreadsheet.

RTW Screen

- Negative results: continue to isolate for 14 days from the last date of contact with positive case AND until asymptomatic greater than 24 hours without use of fever lowering medication.
 - If test results are from a test done less than 8-10 days from the last contact to positive case, per Public Health guidance, re-testing is recommended at 10 days from the last contact to a case.
- Positive results: isolate 10 days from onset of symptoms and asymptomatic greater than 24 hours without use of fever lowering medications.
 - Absence of cough is not required for those known to have chronic cough or for those who are experiencing reactive airways post infection. Loss of sense of taste and smell can also persist after the period of communicability.
 - In circumstances where symptoms are ongoing, consultation with MOH may be required.
 - Re-swabbing is not required for RTW clearance
- If HCWs are still symptomatic at day 14, further assessment by Infection Control in collaboration with Medical Officer of Health (MOH) is required.
 - General guidance from Dr. D. Singh, MOH:
 - If persistent symptoms are due to allergies, ideally confirmation from primary care provider would be obtained. A HCW may be allowed back to work after 14 days wearing a mask while they have allergy symptoms.
 - If symptoms are not due to allergies, HCW cannot return to work until asymptomatic criteria are met.
 - Absence of cough is not required for those known to have chronic cough or who are experiencing reactive airways post-infection. Loss of sense of taste and smell can also persist after the period of communicability.
 - Retesting is not advised.
- Refusal of test - HCW who refuses testing may RTW when the following criteria are met:
 - At least 10 days have passed since onset of symptoms AND
 - At least 24 hours have passed since symptoms have resolved, without the use of fever lowering medications AND
 - At least 14 days have passed since the original 14-day self-isolation period began.
 - This means HCW may need to isolate longer than 14 days if symptoms started after self-isolation started or if symptoms are ongoing after self-isolation period has ended.

DIRECTION 2: If symptomatic and yes to question 2. Have you had laboratory exposure while working directly with specimens known to contain COVID-19? **(No PPE or breach)**

Immunity

Have you been deemed 'recovered' from COVID-19 by Public Health in the last 90 days?

- Yes and symptomatic HCW: present for testing and self-isolate.
 - Positive test result – continue to self-isolate, consult with site ICP for review with MOH for direction.
 - Negative test result – continue to self-isolate until asymptomatic for greater than 24 hours without the use of fever lowering medications. Due to immunity, HCW does not need to self-isolate for the full 14 days from last date of exposure.
- Not COVID-19 recovered OR greater than 90 days recovered test and self-isolate, follow with Direction 2.

Vaccination – Individuals who have received a full series of immunization for COVID-19 (2 doses for current authorized vaccines), and more than 2 weeks have lapsed since the last dose in the series are not considered exposed. Due to current symptomatic HCW, follow Direction 8.

Test

- Symptoms severe, send to closest ED for assessment and testing (*fax screening tool referral to ED*).
- Symptoms are NOT severe and does not need ED assessment, send to Community Testing Site.
 - Provincial testing appointment line: 1-855-268-4318
 - Links to testing page and testing site locations:
<https://patient.petalmc.com/login?groupId=5930&locale=en> or
<https://www.gov.mb.ca/covid19/testing/locations.html#appointment>
- Public Health recommends that all contacts to positive cases should be tested 10 days after their last exposure to the case. If tested prior to 7 days after lab exposure, repeat testing is recommended.
 - If initial swab done at time of onset of symptoms is positive – do not re-test, continue to self-isolate, see RTW for positive cases.
 - If initial swab done at time of onset of symptoms is negative and done less than 7-10 days since last contact to positive case, re-testing is recommended. Continue to self-isolate until 14 days from the last contact to a positive case AND test results are available.
- For close contacts of COVID-19 Variants of Concern (VOC) cases – see **Appendix F**.
- Please let your manager know you have been advised to go for testing and talked to OH.
- Refusal of test, HCW who refuses testing must self-isolate – see details in RTW Screen below.

Isolate

- Self-isolate for 14 days from date of last lab exposure. See RTW for implications of test results.
- Household members: All household members must also self-isolate until the exposed HCW has received a negative test results collected at 10 days after the last exposure (if tested prior to 7 days post exposure, repeat testing is recommended).

- **PRS Red Zone additional recommendations:** Due to the high volume of COVID-19 cases and the need to urgently reduce spread of the virus, household members without symptoms must also self-isolate (quarantine) until test results at day 10 are received. The symptomatic individual needs to stay in their own room and, if possible, use their own bathroom and not use common areas.
 - Exemptions are in place for asymptomatic household members if they are an essential worker required to wear PPE while at work such as health-care workers or first responders OR are fully immunized with two doses (of current vaccines) AND 14 days have passed since their second dose.
- Refusal of test: If the exposed HCW is **not tested** all household members must self-isolate until the close contact in the household completes their 14 day self-isolation period. The symptomatic individual needs to stay in their own room and, if possible, use their own bathroom and not use common areas.
 - Exemptions are in place for asymptomatic household members if they are an essential worker required to wear PPE while at work such as health-care workers or first responders OR are fully immunized with two doses (of current vaccines) AND 14 days have passed since their second dose.
- See **Appendix A** for detailed self-isolation instructions.
- Please call OH back if you develop any more severe symptoms or you have any questions. For further COVID-19 information, please visit the Southern Health-Santé Sud website.
- Call OH with positive results and RTW screen.

NOTIFY: Public Health (fax screening tool to 204-428-2734), site ICP, update OH spreadsheet.

RTW Screen

- Negative results: continue to isolate for 14 days from the last date of contact lab exposure case AND until asymptomatic greater than 24 hours without use of fever lowering medication.
 - If test results are from a test done less than 8-10 days from the last lab exposure, per Public Health guidance, re-testing is recommended at 10 days from the last contact to lab specimen.
- Positive results: isolate 10 days from onset of symptoms and asymptomatic greater than 24 hours without use of fever lowering medications.
 - Absence of cough is not required for those known to have chronic cough or for those who are experiencing reactive airways post infection. Loss of sense of taste and smell can also persist after the period of communicability.
 - In circumstances where symptoms are ongoing, consultation with MOH may be required.
 - Re-swabbing is not required for RTW clearance
- If HCWs are still symptomatic at day 14, further assessment by Infection Control in collaboration with Medical Officer of Health (MOH) is required.
 - General guidance from Dr. D. Singh, MOH:

- If persistent symptoms are due to allergies, ideally confirmation from primary care provider would be obtained. A HCW may be allowed back to work after 14 days wearing a mask while they have allergy symptoms.
 - If symptoms are not due to allergies, HCW cannot return to work until asymptomatic criteria are met.
 - Absence of cough is not required for those known to have chronic cough or who are experiencing reactive airways post-infection. Loss of sense of taste and smell can also persist after the period of communicability.
 - Retesting is not advised.
- Refusal of test - HCW who refuses testing may RTW when the following criteria are met:
 - At least 10 days have passed since onset of symptoms AND
 - At least 24 hours have passed since symptoms have resolved, without the use of fever lowering medications AND
 - At least 14 days have passed since the original 14 day self-isolation period began.
 - This means HCW may need to isolate longer than 14 days if symptoms started after self-isolation started or if symptoms are ongoing after self-isolation period has ended.

DIRECTION 3: If symptomatic and yes to question 3. Have you been in large group setting in Canada in the last 14 days where someone has been confirmed to have had COVID-19, such as on a flight, large event, outbreak setting (no PPE or breach) or received notification of exposure from the COVID-19 App?

- Confirm exposure event details and PH recommendations for Self-Isolation or Self-Monitoring
 - MB Health - <https://www.gov.mb.ca/covid19/flights.html>
 - Health Canada - <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice/exposure-flights-cruise-ships-mass-gatherings.html>
 - COVID-19 App notification – if notification received and HCW confident notification is not from contact with patients at work while wearing PPE, send for testing and isolate until results available.
 - **Notify:** Public Health (fax screening tool 204-428-2743) for review and further investigation if needed. Follow recommendations of Public Health.

Point of Clarification: Follow the advice of PH to either self-isolate or self-monitor for 14 days from the date of attendance at event/setting.

Immunity

Have you been deemed ‘recovered’ from COVID-19 by Public Health in the last 90 days?

- Yes and symptomatic HCW: present for testing and self-isolate.
 - Positive test result – continue to self-isolate, consult with site ICP for review with MOH for direction.

- Negative test result – continue to self-isolate until asymptomatic for greater than 24 hours without the use of fever lowering medications. Due to immunity, HCW does not need to self-isolate for the full 14 days from last date of exposure.
- Not COVID-19 recovered OR greater than 90 days recovered from COVID-19 self-isolate and test, follow with Direction.
 - If HCW has had a recent vaccination – testing and self-isolation is still recommended at this time due to exposure to positive case, follow Direction 3.

Vaccination – Individuals who have received a full series of immunization for COVID-19 (2 doses for current authorized vaccines), and more than 2 weeks have lapsed since the last dose in the series are not considered exposed. Due to current symptomatic HCW, follow Direction 8.

Test

- Symptoms severe, send to closest ED for assessment and testing (*fax screening tool referral to ED*).
- Symptoms are NOT severe and does not need ED assessment, send to Community Testing Site.
 - Provincial testing appointment line: 1-855-268-4318
 - Links to testing page and testing site locations:
<https://patient.petalmd.com/login?groupId=5930&locale=en> or
<https://www.gov.mb.ca/covid19/testing/locations.html#appointment>
- Please let your manager know you have been advised to go for testing and talked to OH.
- Refusal of test, HCW who refuses testing must self-isolate – see details in RTW Screen below.

Isolate

- Self-isolate for 14 days from date of last attendance at event/setting. See RTW for implications of test results.
- Household members: All household members must also self-isolate until the exposed HCW has received a negative test results collected at 10 days after the last exposure (if tested prior to 7 days post exposure, repeat testing is recommended).
 - **PRS Red Zone additional recommendations:** Due to the high volume of COVID-19 cases and the need to urgently reduce spread of the virus, household members without symptoms must also self-isolate (quarantine) until test results at day 10 are received. The symptomatic individual needs to stay in their own room and, if possible, use their own bathroom and not use common areas.
 - Exemptions are in place for asymptomatic household members if they are an essential worker required to wear PPE while at work such as health-care workers or first responders OR are fully immunized with two doses (of current vaccines) AND 14 days have passed since their second dose.
 - Refusal of test: If the close contact is **not tested** all household members must self-isolate until the close contact in the household completes their 14 day self-isolation period. The symptomatic individual needs to stay in their own room and, if possible, use their own bathroom and not use common areas.

- Exemptions are in place for asymptomatic household members if they are an essential worker required to wear PPE while at work such as health-care workers or first responders OR are fully immunized with two doses (of current vaccines) AND 14 days have passed since their second dose.
- See **Appendix A** for detailed self-isolation instructions.
- Please call OH back if you develop any more severe symptoms or you have any questions. For further COVID-19 information, please visit the Southern Health-Santé Sud website.
- Call OH with positive results and RTW screen.

NOTIFY: Public Health (fax screening tool to 204-428-2734), site ICP, update OH spreadsheet.

RTW Screen

- COVID-19 App notification ONLY – if notification received and HCW confident notification is not from contact with patients at work while wearing PPE, send for testing and self-isolate.
 - If the result is positive, the HCW should continue to self-isolate and be evaluated (consult MOH).
 - If the result is negative, the HCW may continue to work and should self-monitor for symptoms for 14 days and call OH if symptoms develop to be re-screened.
- Negative results and **self-isolation** recommended by PH: continue to isolate for 14 days from the date event AND until asymptomatic greater than 24 hours without use of fever lowering medication.
 - If test results are from a test done less than 8-10 days from the last contact to lab specimen, per Public Health guidance, re-testing is recommended at 10 days from the last contact to lab specimen.
- Positive results: isolate 10 days from onset of symptoms and asymptomatic greater than 24 hours without use of fever lowering medications.
 - Absence of cough is not required for those known to have chronic cough or for those who are experiencing reactive airways post infection. Loss of sense of taste and smell can also persist after the period of communicability.
 - In circumstances where sx are ongoing, consultation with MOH may be required.
 - Re-swabbing is not required for RTW clearance
- If HCW symptomatic at day 14, further assessment by Infection Control in collaboration with Medical Officer of Health (MOH) is required.
 - General guidance from Dr. D. Singh, MOH:
 - If persistent symptoms are due to allergies, ideally confirmation from primary care provider would be obtained. A HCW may be allowed back to work after 14 days wearing a mask while they have allergy symptoms.
 - If symptoms are not due to allergies, HCW cannot return to work until asymptomatic criteria are met.
 - Absence of cough is not required for those known to have chronic cough or who are experiencing reactive airways post-infection. Loss of sense of taste and smell can also persist after the period of communicability.
 - Retesting is not advised.

- Refusal of test - HCW who refuses testing may RTW when the following criteria are met:
 - At least 10 days have passed since onset of symptoms AND
 - At least 24 hours have passed since symptoms have resolved, without the use of fever lowering medications AND
 - At least 14 days have passed since the original 14-day self-isolation period began.
 - This means HCW may need to isolate longer than 14 days if symptoms started after self-isolation started or if symptoms are ongoing after self-isolation period has ended.

DIRECTION 4: If symptomatic and yes to question 4. Have you travelled outside of Manitoba in the last 14 days?

- Confirm travel in relation to current provincial [Province of Manitoba | State of Emergency and Public Health Orders](#) and federal (<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice.html#ua>) travel restrictions and exemptions.

Immunity

- Previous history of COVID-19 illness and vaccination does not exclude returning travelers to MB of provincial and federal requirements.

Test

- Symptoms severe, send to closest ED for assessment and testing (*fax screening tool referral to ED*).
- Returning travelers should make an appointment with a provincial testing site or visit a drive through test site and indicate at the time of testing they have been out of the province and share the location of travel. They should also be tested again after 10 days, even if asymptomatic.
- Symptoms are NOT severe and does not need ED assessment, send to Community Testing Site.
 - Provincial testing appointment line: 1-855-268-4318
 - Links to testing page and testing site locations: <https://patient.petalmc.com/login?groupId=5930&locale=en> or <https://www.gov.mb.ca/covid19/testing/locations.html#appointment>
- Please let your manager know you have been advised to go for testing and talked to OH.
- Refusal of test, HCW who refuses testing must self-isolate – see details in RTW Screen below.

Isolate

- Self-isolate for 14 days immediately, upon return to Manitoba.
 - Please note, if an individual is traveling from Federal quarantine to quarantine directly in Manitoba, then their time in the Federal quarantine hotel out of the province counts towards their 14 day period of isolation.
- All travelers need to observe the full 14-day self-isolation period regardless of symptoms and test results.

- Household members: All household members must also self-isolate until the traveler has received a negative test results collected at 10 days after return to MB (if tested prior to 7 days post exposure, repeat testing is recommended).
 - **PRS Red Zone additional recommendations:** Due to the high volume of COVID-19 cases and the need to urgently reduce spread of the virus, household members without symptoms must also self-isolate (quarantine) until test results at day 10 are received. The symptomatic individual needs to stay in their own room and, if possible, use their own bathroom and not use common areas.
 - Exemptions are in place for asymptomatic household members if they are an essential worker required to wear PPE while at work such as health-care workers or first responders OR are fully immunized with two doses (of current vaccines) AND 14 days have passed since their second dose.
 - Refusal of test: If the close contact is **not tested** all household members must self-isolate until the close contact in the household completes their 14 day self-isolation period. The symptomatic individual needs to stay in their own room and, if possible, use their own bathroom and not use common areas.
 - Exemptions are in place for asymptomatic household members if they are an essential worker required to wear PPE while at work such as health-care workers or first responders OR are fully immunized with two doses (of current vaccines) AND 14 days have passed since their second dose.
- See **Appendix A** for detailed self-isolation instructions.
- Please call OH back if you develop any more severe symptoms or you have any questions. For further COVID-19 information, please visit the Southern Health-Santé Sud website.
- Call OH with positive results and RTW screen.

NOTIFY: site ICP, update OH spreadsheet.

RTW Screen

- Negative results:
 - Test results of initial swab done at time of return to MB:
 - Re-testing is recommended at day 10 from return to MB, continue to self-isolate for 14 days from return to MB.
 - Call OH with results from day 10 testing.
 - Test results from swab done 10 days from return to MB:
 - HCW may RTW if 14 day self-isolate complete from date of return to MB AND test results from initial and day 10 testing are negative AND remains asymptomatic.
- Positive results: isolate 10 days from onset of symptomatic and asymptomatic greater than 24 hours without use of fever lowering medications.
 - Absence of cough is not required for those known to have chronic cough or for those who are experiencing reactive airways post infection. Loss of sense of taste and smell can also persist after the period of communicability.
 - In circumstances where symptoms are ongoing, consultation with MOH may be

- required.
 - Re-swabbing is not required for RTW clearance
- If HCW symptomatic at day 14, further assessment by Infection Control in collaboration with Medical Officer of Health (MOH) is required.
 - General guidance from Dr. D. Singh, MOH:
 - If persistent symptoms are due to allergies, ideally confirmation from primary care provider would be obtained. A HCW may be allowed back to work after 14 days wearing a mask while they have allergy symptoms.
 - If symptoms are not due to allergies, HCW cannot return to work until asymptomatic criteria are met.
 - Absence of cough is not required for those known to have chronic cough or who are experiencing reactive airways post-infection. Loss of sense of taste and smell can also persist after the period of communicability.
 - Retesting is not advised.
- Refusal of test - HCW who refuses testing may RTW when the following criteria are met:
 - At least 10 days have passed since onset of symptoms AND
 - At least 24 hours have passed since symptoms have resolved, without the use of fever lowering medications AND
 - At least 14 days have passed since the original 14-day self-isolation period began.
 - This means HCW may need to isolate longer than 14 days if symptoms started after self-isolation started or if symptoms are ongoing after self-isolation period has ended.

DIRECTION 5: N/A

DIRECTION 6

Direction 6a: If symptomatic and yes to question 6a. In the last 14 days, have you had close contact (face-to-face contact within 2 meters/6 feet for 10 minutes or longer) with someone, including a household member, who is ill with COVID-19 symptoms? (No PPE or breach)

GIVE DIRECTION 8

Direction 6b: If symptomatic and yes to question 6b. Do you have a symptomatic or asymptomatic close contact/household member who has been exposed to a confirmed COVID-19 case in the last 14 days?

GIVE DIRECTION 8

Direction 6c: If symptomatic and yes to question 6c. Have you been in close contact (within 2 metres in the same space for 10 minutes or longer) with a symptomatic or asymptomatic close contact/household member who has travelled outside of Manitoba in the last 14 days?

GIVE DIRECTION 8

DIRECTION 7: N/A

DIRECTION 8: If **symptomatic with yes to questions 6a, 6b, 6c or no travel or exposure history.**

- If HCW has only one symptom in category B, see Direction 16.

Immunity

Have you been deemed 'recovered' from COVID-19 by Public Health in the last 90 days?

- Yes and symptomatic HCW: re-testing at this time is not recommended, self-isolate until asymptomatic greater than 24 hours without use of fever lowering medications.
 - Call OH for RTW
- Not COVID-19 recovered OR greater than 90 days recovered self-isolate and test, continue with Direction 8.

If HCW has received a recent vaccination (if not continue Direction 8):

- Deemed recovered by PH less than 90 days AND recent vaccination AND symptomatic:
 - No testing is recommended at this time. HCW may RTW when asymptomatic for greater than 24 hours without the use of fever lowering medications.
- Not COVID-19 recovered OR greater than 90 days recovered:
 - If HCW has symptoms of fever, fatigue, headache, chills, myalgia, arthralgia within first 48 hours post vaccination, staff should self-isolate and do not require testing.
 - If symptoms are limited to 48 hours AND HCW is afebrile greater than 24 hours without use of fever lowering medications, HCW may RTW.
 - If symptoms extend past 48 hours, and/or HCW has new onset of other COVID-19 symptoms of cough, SOB, rhinorrhea, sore throat, diarrhea, pink eye, rash, loss of taste or smell, testing and self-isolation is recommended, continue with Direction 8.

Test

- Symptoms severe, send to closest ED for assessment and testing (*fax screening tool referral to ED*).
- Symptoms are NOT severe and does not need ED assessment, send to Community Testing Site.
 - Provincial testing appointment line: 1-855-268-4318
 - Links to testing page and testing site locations:
<https://patient.petalmc.com/login?groupId=5930&locale=en> or
<https://www.gov.mb.ca/covid19/testing/locations.html#appointment>
- Please let your manager know you have been advised to go for testing and talked to OH.
- Refusal of test, HCW who refuses testing must self-isolate – see details in RTW Screen below.

Isolate

- Self-isolate until test results available. See RTW for implications of test results.
- Household members: All household members must also self-isolate until the HCW has received a negative test result.

- **PRS Red Zone additional recommendations:** Due to the high volume of COVID-19 cases and the need to urgently reduce spread of the virus, household members without symptoms must also self-isolate (quarantine) until test results at day 10 are received. The symptomatic individual needs to stay in their own room and, if possible, use their own bathroom and not use common areas.
 - Exemptions are in place for asymptomatic household members if they are an essential worker required to wear PPE while at work such as health-care workers or first responders OR are fully immunized with two doses (of current vaccines) AND 14 days have passed since their second dose.
- Refusal of test: if symptomatic HCW is not tested, all household members must self-isolate for 10 days and self-monitor for 14 days from their contact to the presumed positive case (see **Appendix B**).
 - Exemptions are in place for asymptomatic household members if they are an essential worker required to wear PPE while at work such as health-care workers or first responders OR are fully immunized with two doses (of current vaccines) AND 14 days have passed since their second dose.
- See **Appendix A** for detailed self-isolation instructions.
- Please call OH back if you develop any more severe symptoms or you have any questions. For further COVID-19 information, please visit the Southern Health-Santé Sud website.
- Call OH with positive results and RTW screen.
- For further COVID-19 information, please visit the Southern Health-Santé Sud Health Care Provider website or Shared Health.

NOTIFY: site ICP, update OH spreadsheet and notify Public Health if test results positive (fax screening tool to 204-428-2734).

RTW Screen

- Negative results: continue to isolate until asymptomatic greater than 24 hours without use of fever lowering medication.
- Positive results: isolate 10 days from onset of symptoms and asymptomatic greater than 24 hours without use of fever lowering medications.
 - Absence of cough is not required for those known to have chronic cough or for those who are experiencing reactive airways post infection. Loss of sense of taste and smell can also persist after the period of communicability.
 - In circumstances where symptoms are ongoing, consultation with MOH may be required.
 - Re-swabbing is not required for RTW clearance
- If healthcare workers are still symptomatic at day 14, further assessment by Infection Control in collaboration with Medical Officer of Health (MOH) is required.
 - General guidance from Dr. D. Singh, MOH:
 - If persistent symptoms are due to allergies, ideally confirmation from primary care provider would be obtained. A HCW may be allowed back to work after 14 days wearing a mask while they have allergy symptoms.

- If symptoms are not due to allergies, HCW cannot return to work until asymptomatic criteria are met.
 - Absence of cough is not required for those known to have chronic cough or who are experiencing reactive airways post-infection. Loss of sense of taste and smell can also persist after the period of communicability.
 - Retesting is not advised.
- Refusal of test - HCW who refuses testing may RTW when the following criteria are met:
 - At least 10 days have passed since onset of symptom AND
 - At least 24 hours have passed since symptoms have resolved, without the use of fever lowering medications.
 - This means HCW may need to isolate longer than 14 days if symptoms started after self-isolation started or if symptoms are ongoing after self-isolation period has ended.

ASYMPTOMATIC PATH:

DIRECTION 9

If asymptomatic and yes to question 1. Have you been in contact (face-to-face contact within 2 meters/6 feet) in the last 14 days with someone that is confirmed to have COVID-19 for **10 minutes or longer? (No PPE or breach)**

Point of Clarification:

Did the contact occur while the person was symptomatic OR during their period of communicability (48 hours before onset of symptoms or 48 hours from asymptomatic date of swab)?

- If YES, continue with Direction 9.
- If NO, staff not exposed, follow Direction 15.

Confirm Contact

- Consider all household members close contacts, unless exceptional circumstances exist that eliminate contact within the case's period of communicability (see definition above).
- Have you had close prolonged contact (10 minutes or longer of cumulative exposure within 2 meters without PPE) with a case while they were infectious (see definition above).
- Have you had direct physical contact with the case (hugging or kissing) or contact with infectious secretions (coughed or sneezed on, sharing food, drinks, cigarettes etc.) without PPE?
 - Yes, continue with Direction 9.
 - No, not considered a contact, follow Direction 15.

Immunity

Confirm previous infection:

- If the HCW is asymptomatic and it was less than 3 months since they were determined to be a confirmed or probable case, they do not need to self-isolate, but should self-monitor for onset of symptoms.

- If symptoms occur, follow Direction 1.
- If the HCW is asymptomatic and it was more than 3 months since their infection, continue with Direction 9.

Confirm immunization status:

- Individuals who have received a full series of immunization for COVID-19 (2 doses for current authorized vaccines), and more than 2 weeks have elapsed since the last dose in the series, are not required to self-isolate if:
 - They are asymptomatic,
 - Are neither residents, nor patients in a health care or congregate setting OR
 - Have no condition that would compromise the function of their immune system (immunocompromised).
 - Fully immunized individuals should self-monitor for symptoms of COVID-19 for 14 days following their last known exposure to a case. See **Appendix B**. If symptoms develop at any time, HCW should self-isolation and be tested.
 - If meeting criteria listed above, HCW may RTW.

Isolate

- Self-isolate for 14 days from date of last contact to positive case.
- Household members: All household members must also self-isolate until the close contact has received a negative test result collected at 10 days after the last exposure (if tested prior to 7 days post exposure, repeat testing is recommended).
 - **PRS Red Zone additional recommendations:** Due to the high volume of COVID-19 cases and the need to urgently reduce spread of the virus, household members without symptoms must also self-isolate (quarantine) until test results at day 10 are received. The exposed HCW needs to stay in their own room and, if possible, use their own bathroom and not use common areas.
 - Exemptions are in place for asymptomatic household members if they are an essential worker required to wear PPE while at work such as health-care workers or first responders OR are fully immunized with two doses (of current vaccines) AND 14 days have passed since their second dose.
 - Refusal of test: If the close contact is **not tested** all household members must self-isolate until the close contact in the household completes their 14 day self-isolation period. The symptomatic individual needs to stay in their own room and, if possible, use their own bathroom and not use common areas.
 - Exemptions are in place for asymptomatic household members if they are an essential worker required to wear PPE while at work such as health-care workers or first responders OR are fully immunized with two doses (of current vaccines) AND 14 days have passed since their second dose.
- See **Appendix A** for detailed self-isolation instructions.
- For contacts of COVID-19 VOC case, see **Appendix F**.
- For further COVID-19 information, please visit the Southern Health-Santé Sud Health Care Provider website or Shared Health.

Self-Monitor

- Self-monitor for the onset of any symptoms of COVID-19. If symptoms develop, call OH for screening and testing instructions, follow Direction 1.
- See **Appendix B** for detailed instructions.

Test

- All asymptomatic close contacts should be tested 10 days after their last known contact (if tested prior to 7 days post exposure, re-testing is recommended). Contacts must complete the full self-isolation period regardless of test results.
 - Provincial testing appointment line: 1-855-268-4318
 - Website: <https://patient.petalmd.com/login?groupId=5930&locale=en> or <https://www.gov.mb.ca/covid19/testing/locations.html#appointment> (link to above)
- Refusal of test: HCW must continue the full 14 day self-isolation and self-monitoring from their last contact to a confirmed case.
- OH will inform Public Health of exposure to a confirmed case, they will follow up.

NOTIFY: Public Health (fax screening tool to 204-428-2734), site ICP, update OH spreadsheet.

Operationally Required – if process requested by Director or Site Lead – see **Appendix C**.

RTW Screen

- Negative results:
 - Test results from swab done less than 8 days from last contact to positive case:
 - Re-testing is recommended at 10 days from last contact to positive case AND continue to self-isolate for 14 days from last contact to positive case.
 - Test results from swab done 7-10 days from last contact to positive case:
 - HCW may RTW if 14 day self-isolation complete AND remains asymptomatic.
- Positive results:
 - Isolate 10 days from onset of symptoms AND asymptomatic greater than 24 hours without use of fever lowering medications.
 - Absence of cough is not required for those known to have chronic cough or for those who are experiencing reactive airways post infection. Loss of sense of taste and smell can also persist after the period of communicability.
 - In circumstances where symptoms are ongoing, consultation with MOH may be required.
 - Re-swabbing is not required for RTW clearance.
- If healthcare workers are still symptomatic at day 14, further assessment by Infection Control in collaboration with Medical Officer of Health (MOH) is required.
 - General guidance from Dr. D. Singh, MOH:
 - If persistent symptoms are due to allergies, ideally confirmation from primary care provider would be obtained. A HCW may be allowed back to work after 14 days wearing a mask while they have allergy symptoms.

- If symptoms are not due to allergies, HCW cannot return to work until asymptomatic criteria are met.
 - Absence of cough is not required for those known to have chronic cough or who are experiencing reactive airways post-infection. Loss of sense of taste and smell can also persist after the period of communicability.
 - Retesting is not advised.
- Refusal of test: HCW who refused the recommended asymptomatic test at 10 days after last contact to a positive case, may RTW when at least 14 days have passed since their last contact to a positive case AND remains asymptomatic.
 - If symptoms develop, call OH for screening and testing instructions, follow Direction 1.

DIRECTION 10

If **asymptomatic** and **yes to question 2**. Have you had laboratory exposure while working directly with specimens known to contain COVID-19? (**no PPE or breach**)

Immunity

Confirm previous infection:

- If the HCW is asymptomatic and it was less than 3 months since they were determined to be a confirmed or probable case, they do not need to self-isolate, but should self-monitor for 14 days (see **Appendix B**) for the onset of symptoms.
 - If symptoms occur, follow Direction 2.
- If the HCW is asymptomatic and it was more than 3 months since their infection, continue with Direction 10.

Confirm immunization status:

- Individuals who have received a full series of immunization for COVID-19 (2 doses for current authorized vaccines), and more than 2 weeks have elapsed since the last dose in the series, are not required to self-isolate if:
 - They are asymptomatic,
 - Are neither residents, nor patients in a health care or congregate setting OR
 - Have no condition that would compromise the function of their immune system (immunocompromised).
 - Fully immunized individuals should self-monitor for symptoms of COVID-19 for 14 days following their last known exposure to a case. See **Appendix B**. If symptoms develop at any time, HCW should self-isolation and be tested.
 - If meeting criteria listed above, HCW may RTW.

Isolate

- Self-isolate for 14 days from date of lab exposure.
- Household members: All household members must also self-isolate until the exposed HCW has received a negative test result collected at 10 days after the last exposure (if tested prior to 7 days post exposure, repeat testing is recommended).

- **PRS Red Zone additional recommendations:** Due to the high volume of COVID-19 cases and the need to urgently reduce spread of the virus, household members without symptoms must also self-isolate (quarantine) until test results at day 10 are received. The exposed HCW needs to stay in their own room and, if possible, use their own bathroom and not use common areas.
 - Exemptions are in place for asymptomatic household members if they are an essential worker required to wear PPE while at work such as health-care workers or first responders OR are fully immunized with two doses (of current vaccines) AND 14 days have passed since their second dose.
- Refusal of test: If the exposed HCW is **not tested** all household members must self-isolate until the close contact in the household completes their 14 day self-isolation period. The symptomatic individual needs to stay in their own room and, if possible, use their own bathroom and not use common areas.
 - Exemptions are in place for asymptomatic household members if they are an essential worker required to wear PPE while at work such as health-care workers or first responders OR are fully immunized with two doses (of current vaccines) AND 14 days have passed since their second dose.
- See **Appendix A** for detailed self-isolation instructions.
- For contacts of COVID-19 VOC case, see **Appendix F**.
- For further COVID-19 information, please visit the Southern Health-Santé Sud Health Care Provider website or Shared Health.

Self-Monitor

- Self-monitor for the onset of any symptoms of COVID-19. If symptoms develop, call OH for screening and testing instructions, follow Direction 2.
- See **Appendix B** for detailed instructions.

Test

- All asymptomatic close contacts should be tested 10 days after their last known lab exposure (if tested prior to 7 days post exposure, re-testing is recommended). Contacts must complete the full self-isolation period regardless of test results.
 - Provincial testing appointment line: 1-855-268-4318
 - Website: <https://patient.petalmd.com/login?groupId=5930&locale=en> or <https://www.gov.mb.ca/covid19/testing/locations.html#appointment> (link to above)
- Refusal of test: HCW must continue the full 14 day self-isolation and self-monitoring from last known lab exposure.
- OH will inform Public Health of exposure to a confirmed case, they will follow up.

NOTIFY: Public Health (fax screening tool to 204-428-2734), site ICP, update OH spreadsheet.

Operationally Required – if process requested by Director or Site Lead – see **Appendix C**.

RTW Screen

- Negative results:
 - Test results from swab done less than 8 days from last known lab exposure:
 - Re-testing is recommended at 10 days from last known lab exposure AND continue to self-isolate for 14 days from last known lab exposure.
 - Test results from swab done 7-10 days from last known lab exposure:
 - HCW may RTW if 14 day self-isolation complete AND remains asymptomatic.
- Positive results:
 - Isolate 10 days from onset of symptoms AND asymptomatic greater than 24 hours without use of fever lowering medications.
 - Absence of cough is not required for those known to have chronic cough or for those who are experiencing reactive airways post infection. Loss of sense of taste and smell can also persist after the period of communicability.
 - In circumstances where symptoms are ongoing, consultation with MOH may be required.
 - Re-swabbing is not required for RTW clearance.
- If healthcare workers are still symptomatic at day 14, further assessment by Infection Control in collaboration with Medical Officer of Health (MOH) is required.
 - General guidance from Dr. D. Singh, MOH:
 - If persistent symptoms are due to allergies, ideally confirmation from primary care provider would be obtained. A HCW may be allowed back to work after 14 days wearing a mask while they have allergy symptoms.
 - If symptoms are not due to allergies, HCW cannot return to work until asymptomatic criteria are met.
 - Absence of cough is not required for those known to have chronic cough or who are experiencing reactive airways post-infection. Loss of sense of taste and smell can also persist after the period of communicability.
 - Retesting is not advised.
- Refusal of test: HCW who refused the recommended asymptomatic test at 10 days after last known lab exposure, may RTW when at least 14 days have passed since their last known lab exposure AND remains asymptomatic.
 - If symptoms develop, call OH for screening and testing instructions, follow Direction 2.

DIRECTION 11

If **asymptomatic** and **yes to question 3**. Have you been in large group setting in Canada in the last 14 days where someone has been confirmed to have had COVID-19, such as on a flight, large event, outbreak setting (no PPE or breach) or received notification of exposure from the COVID-19 App?

- Confirm exposure event details and PH recommendations for **Self-Isolation OR Self-Monitoring**.
 - MB Health - <https://www.gov.mb.ca/covid19/flights.html>

- Health Canada - <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice/exposure-flights-cruise-ships-mass-gatherings.html>
- COVID-19 App notification – if notification received and HCW confident notification is not from contact with patients at work while wearing PPE, send for testing and isolate until results available.

Point of Clarification: Public Health will provide advice if HCW is deemed a close contact at a large group setting whether asymptomatic testing, self-isolation or self-monitoring is required.

- At minimum self-monitor for 14 days after the event and monitor for onset of symptoms. See Appendix B for detailed self-monitoring instructions.
- There may be recommendation based on exposure risk to self-isolate for 14 days following contact at event. See **Appendix A** for self-isolation instructions if applicable.
- Testing may be recommended 10 days from the exposure if HCW remains asymptomatic.

Immunity

Confirm previous infection:

- If the HCW is asymptomatic and it was less than 3 months since they were determined to be a confirmed or probable case, they do not need to self-isolate, but should self-monitor for onset of symptoms.
 - If symptoms occur, follow Direction 3.
- If the HCW is asymptomatic and it was more than 3 months since their infection, continue with Direction 11.

Confirm immunization status:

- Individuals who have received a full series of immunization for COVID-19 (2 doses for current authorized vaccines), and more than 2 weeks have elapsed since the last dose in the series, are not required to self-isolate if:
 - They are asymptomatic,
 - Are neither residents, not patients in a health care or congregate setting OR
 - Have no condition that would compromise the function of their immune system (immunocompromised).
 - Fully immunized individuals should self-monitor for symptoms of COVID-19 for 14 days following their last known exposure to a case. See **Appendix B** for detailed self-monitoring instructions.
 - If symptoms develop at any time, follow Direction 3.
 - If meeting criteria listed above, HCW may RTW.

NOTIFY: site ICP, update OH spreadsheet.

Operationally Required – if process requested by Director or Site Lead – see **Appendix C**.

RTW Screen

- COVID-19 App notification **ONLY** – if notification received and HCW confident notification is not from contact with patients at work while wearing PPE, send for testing and self-isolate.
 - If the result is positive, the HCW should continue to self-isolate and be evaluated (consult MOH).
 - If the result is negative, the HCW may continue to work and should self-monitor for symptoms for 14 days and call OH if symptoms develop to be re-screened.
- Negative results and **self-monitor** recommended by PH based on event/setting: continue to self-monitor for 14 days since attendance at event/setting, HCW may RTW.
- Negative results and **self-isolation** recommended by PH based on event/setting: continue to self-isolate for 14 days since attendance at event/setting AND asymptomatic greater than 24 hours without use of fever lowering medication.
- Positive results: isolate 10 days from onset of symptoms and asymptomatic greater than 24 hours without use of fever lowering medications.
 - Absence of cough is not required for those known to have chronic cough or for those who are experiencing reactive airways post infection. Loss of sense of taste and smell can also persist after the period of communicability.
 - In circumstances where symptoms are ongoing, consultation with MOH may be required.
 - Re-swabbing is not required for RTW clearance.
- If healthcare workers are still symptomatic at day 14, further assessment by Infection Control in collaboration with Medical Officer of Health (MOH) is required.
 - General guidance from Dr. D. Singh, MOH:
 - If persistent symptoms are due to allergies, ideally confirmation from primary care provider would be obtained. A HCW may be allowed back to work after 14 days wearing a mask while they have allergy symptoms.
 - If symptoms are not due to allergies, HCW cannot return to work until asymptomatic criteria are met.
 - Absence of cough is not required for those known to have chronic cough or who are experiencing reactive airways post-infection. Loss of sense of taste and smell can also persist after the period of communicability.
 - Retesting is not advised.

DIRECTION 12

If **asymptomatic** and **yes to question 4**. Have you travelled outside of Manitoba in the last 14 days?

- Confirm travel in relation to current provincial [Province of Manitoba | State of Emergency and Public Health Orders](#) and federal (<https://www.canada.ca/en/public->

[health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice.html#ua](https://www.health.gov.mb.ca/health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice.html#ua) travel restrictions and exemptions.

Immunity

- Previous history of COVID-19 illness and vaccination does not exclude returning travelers to MB of provincial and federal requirements.

Isolate

- Self-isolate for 14 days immediately, upon return to Manitoba.
 - Please note, if an individual is traveling from Federal quarantine to quarantine directly in Manitoba, then their time in the Federal quarantine hotel out of the province counts towards their 14 day period of isolation.
- All travelers need to observe the full 14-day self-isolation period regardless of symptoms and test results.
- All household members of HCW must also self-isolate until test results are received and the travelers quarantine is complete. The symptomatic HCW needs to stay in their own room and if possible use their own bathroom and not use common areas. Exemptions are in place for asymptomatic household members of the traveler if they are fully immunized for COVID-19 or if they are an essential worker required to wear PPE while at work.
- Household members: All household members must also self-isolate until the returning traveler has received a negative test result collected at 10 days after the last exposure (if tested prior to 7 days post exposure, repeat testing is recommended).
 - **PRS Red Zone additional recommendations:** Due to the high volume of COVID-19 cases and the need to urgently reduce spread of the virus, household members without symptoms must also self-isolate (quarantine) until test results at day 10 are received. The returning traveler needs to stay in their own room and, if possible, use their own bathroom and not use common areas.
 - Exemptions are in place for asymptomatic household members if they are an essential worker required to wear PPE while at work such as health-care workers or first responders OR are fully immunized with two doses (of current vaccines) AND 14 days have passed since their second dose.
 - Refusal of test: If the returning traveler is **not tested** all household members must self-isolate until traveler in the household completes their 14 day self-isolation period. The returning traveler needs to stay in their own room and, if possible, use their own bathroom and not use common areas.
 - Exemptions are in place for asymptomatic household members if they are an essential worker required to wear PPE while at work such as health-care workers or first responders OR are fully immunized with two doses (of current vaccines) AND 14 days have passed since their second dose.
- See **Appendix A** for detailed self-isolation instructions.
- For further COVID-19 information, please visit the Southern Health-Santé Sud website.

Test

- Returning travelers should be tested upon arrival to Manitoba.
 - Make an appointment with a provincial testing site or visit a drive through test site and indicate at the time of testing they have been out of the province and share the location of travel.
 - Returning travelers should also be tested again after 10 days, even if asymptomatic.
- Please let your manager know you have been advised to go for testing and talked to OH.
- Refusal of test, HCW who refuses testing must self-isolate – see details in RTW Screen below.
- Call OH with test results and for RTW screening.

Self-Monitor

- Self-monitor for the onset of any symptoms of COVID-19. If symptoms develop, call OH for screening and testing instructions, follow Direction 4.
- See **Appendix B** for detailed instructions.

NOTIFY: site ICP, update OH spreadsheet.

RTW Screen

- Negative results:
 - Test results of initial swab done at time of return to MB:
 - Re-testing is recommended at day 10 from return to MB, continue to self-isolate for 14 days from return to MB.
 - Call OH with results from day 10 testing.
 - Test results from swab done 10 days from return to MB:
 - HCW may RTW if 14 day self-isolate complete from date of return to MB AND test results from initial and day 10 testing are negative AND remains asymptomatic.
- Positive results: isolate 10 days from onset of symptomatic and asymptomatic greater than 24 hours without use of fever lowering medications.
 - Absence of cough is not required for those known to have chronic cough or for those who are experiencing reactive airways post infection. Loss of sense of taste and smell can also persist after the period of communicability.
 - In circumstances where symptoms are ongoing, consultation with MOH may be required.
 - Re-swabbing is not required for RTW clearance
- If healthcare workers are still symptomatic at day 14, further assessment by Infection Control in collaboration with Medical Officer of Health (MOH) is required.
 - General guidance from Dr. D. Singh, MOH:
 - If persistent symptoms are due to allergies, ideally confirmation from primary care provider would be obtained. A HCW may be allowed back to work after 14 days wearing a mask while they have allergy symptoms.
 - If symptoms are not due to allergies, HCW cannot return to work until asymptomatic criteria are met.

- Absence of cough is not required for those known to have chronic cough or who are experiencing reactive airways post-infection. Loss of sense of taste and smell can also persist after the period of communicability.
 - Retesting is not advised.
- Refusal of test - HCW who refuses testing may RTW when the following criteria are met:
 - At least 14 days have passed from return to Manitoba AND remains asymptomatic.
 - Consult MOH as needed.

DIRECTION 13

Direction 13a: If asymptomatic and yes to question 6a. In the last 14 days, have you had close contact (face-to-face contact within 2 meters/6 feet for 10 minutes or longer) with someone, including a household member, who is ill with COVID-19 symptoms? (No PPE or breach)

Immunity

Confirm previous infection:

- If the HCW is asymptomatic and it was less than 3 months since they were determined to be a confirmed or probable case, they do not need to self-isolate, but should self-monitor for onset of symptoms.
 - If symptoms occur, follow Direction 8.
- If the HCW is asymptomatic and it was more than 3 months since their infection, continue with Direction 13a.

Confirm Immunization status:

- HCWs who have received a full series of immunization for COVID-19 (2 doses for current authorized vaccines), and more than 2 weeks have elapsed since the last dose in the series, are not required to self-isolate if:
 - They are asymptomatic,
 - Are neither residents, not patients in a health care or congregate setting OR
 - Have no condition that would compromise the function of their immune system (immunocompromised).
 - Fully immunized individuals should self-monitor for symptoms of COVID-19. If symptoms develop at any time, follow Direction 8.
 - If meeting criteria listed above, HCW may RTW.

Close Contact or Household Member Testing

- If close contact only has **one symptom of category B**, follow Direction 16.
- Symptomatic Close Contact/Household member must present for testing:
 - **PRS Red Zone additional recommendations:** Due to the high volume of COVID-19 cases and the need to urgently reduce spread of the virus, household members without symptoms must also self-isolate (quarantine) until test result is received. The symptomatic individual needs to stay in their own room and, if possible, use their own bathroom and not use common areas.

- Exemptions are in place for asymptomatic household members if they are an essential worker required to wear PPE while at work such as health-care workers or first responders OR are fully immunized with two doses (of current vaccines) AND 14 days have passed since their second dose.
- RTW – Test results of the symptomatic Close Contact/HH member:
 - Negative – HCW may RTW.
 - Positive – follow Direction 9.
- Symptomatic close contact refuses testing:
 - HCW **whose close contact/household member refuses testing** can return to work
 - After 14 days of self-isolation; AND
 - At least 10 days have passed since onset of close contact/household member symptoms; AND
 - HH symptoms have resolved and afebrile without the use of fever lowering medications for 24 hours.
 - See **Appendix A** for detailed self-isolation instructions.
 - Exemptions are in place for asymptomatic household members if they are an essential worker required to wear PPE while at work such as health-care workers or first responders OR are fully immunized with two doses (of current vaccines) AND 14 days have passed since their second dose.
- If HCW becomes symptomatic – follow Direction 8
- For further COVID-19 information, please visit the Southern Health-Santé Sud Health Care Provider website or Shared Health.

Operationally Required – if process requested by Director or Site Lead – See **Appendix C**.

NOTIFY: site ICP, update OH spreadsheet.

Direction 13b: If asymptomatic and yes to question 6b. Do you have a symptomatic or asymptomatic close contact/household member who has been exposed to a confirmed COVID-19 case in the last 14 days?

Immunity

Confirm previous infection:

- If the HCW is asymptomatic and it was less than 3 months since they were determined to be a confirmed or probable case, they do not need to self-isolate, but should self-monitor for onset of symptoms.
 - If symptoms occur, follow Direction 8.
- If the HCW is asymptomatic and it was more than 3 months since their infection, continue with Direction 13b.

Confirm immunization status:

- HCWs who have received a full series of immunization for COVID-19 (2 doses for current authorized vaccines), and more than 2 weeks have elapsed since the last dose in the series, are not required to self-isolate if:

- They are asymptomatic,
- Are neither residents, not patients in a health care or congregate setting OR
- Have no condition that would compromise the function of their immune system.
- Fully immunized individuals should self-monitor for symptoms of COVID-19. If symptoms develop at any time, follow Direction 8.
- If meeting criteria listed above, HCW may RTW.
- If not, continue with Direction 13b.

Exposed Close Contact is Symptomatic

- Symptomatic Close Contact must present for testing.
- **PRS Red Zone additional recommendations:** Due to the high volume of COVID-19 cases and the need to urgently reduce spread of the virus, all household members must also self-isolate until the close contact has received a negative test result collected 10 days after last exposure (if tested less than 8-10 days from last exposure, repeated testing is recommended).
 - Exemptions are in place for asymptomatic household members if they are an essential worker required to wear PPE while at work such as health-care workers or first responders OR are fully immunized with two doses (of current vaccines) AND 14 days have passed since their second dose.
 - Even If HCW is unable to isolate from symptomatic close contact/household member, if exemption criteria (above) are met, HCW may RTW.
 - If the close contact is not tested all household members must self-isolate until the contact in the house completes their 14 day self-isolation period. The symptomatic individual needs to stay in their own room and, if possible, use their own bathroom, and not use common areas.
- If the household contact is linked to a **VOC case**, see **Appendix F**.
- RTW – exposed close contact test results:
 - Negative test results – HCW may RTW.
 - Positive test results – follow Direction 9.
- Symptomatic close contact refuses testing:
 - HCW **whose close contact/household member refuses testing** can RTW:
 - After 14 days of self-isolation; AND
 - At least 10 days have passed since onset of HH symptoms; AND
 - HH symptoms have resolved and afebrile without the use of fever lowering medications for 24 hours
 - See **Appendix A** for detailed self-isolation instructions.
 - Exemptions are in place for asymptomatic household members if they are an essential worker required to wear PPE while at work such as health-care workers or first responders OR are fully immunized with two doses (of current vaccines) AND 14 days have passed since their second dose.
- If HCW becomes symptomatic – follow Direction 8.

Exposed Close Contact is Asymptomatic

- Household members identified as a close contact by Public Health should limit their contact with others and self-isolate and self-monitor for symptoms for 14 days after their last known contact with a confirmed case.
- **PRS Red Zone additional recommendations:** Due to the high volume of COVID-19 cases and the need to urgently reduce spread of the virus, all household members must also self-isolate until the close contact has received a negative test result collected 10 days after last exposure (if tested less than 8-10 days from last exposure, repeated testing is recommended). The asymptomatic close contact needs to stay in their own room and, if possible, use their own bathroom, and not use common areas.
 - Exemptions are in place for asymptomatic household members if they are an essential worker required to wear PPE while at work such as health-care workers or first responders OR are fully immunized with two doses (of current vaccines) AND 14 days have passed since their second dose.
 - If the close contact is not tested, all household members must self-isolate until the contact in the household completes their 14 day self-isolation period.
 - Exemptions are in place for asymptomatic household members if they are an essential worker required to wear PPE while at work such as health-care workers or first responders OR are fully immunized with two doses (of current vaccines) AND 14 days have passed since their second dose.
- If the household contact is linked to a **VOC case**, see **Appendix F**.
- If close contact becomes symptomatic, follow above instructions for 'Exposed Close Contact is Symptomatic'.
- HCW becomes symptomatic, follow Direction 8.

NOTIFY: site ICP, update OH spreadsheet.

Operationally Required – if process requested by Director or Site Lead – See **Appendix C**.

Direction 13c: If asymptomatic and yes to question 6c. Have you been in close contact (within 2 metres in the same space for at least 10 minutes) with a symptomatic or asymptomatic close contact/household member who has travelled outside Manitoba in the past 14 days?

Immunity

- Previous history of COVID-19 illness does not exclude returning travelers to MB of provincial and federal requirements.

Confirm Immunization status:

- HCWs who have received a full series of immunization for COVID-19 (2 doses for current authorized vaccines), and more than 2 weeks have elapsed since the last dose in the series, are not required to self-isolate if:
 - They are asymptomatic,
 - Are neither residents, not patients in a health care or congregate setting OR
 - Have no condition that would compromise the function of their immune system.

- Fully immunized individuals should self-monitor for symptoms of COVID-19. If symptoms develop at any time, follow Direction 8.
- If meeting criteria listed above, HCW may RTW.
- If not, continue with Direction 13b.

Close Contact Travel

- Confirm travel in relation to current provincial [Province of Manitoba | State of Emergency and Public Health Orders](#) and federal (<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice.html#ua>) travel restrictions and exemptions.
- All travelers, except those excluded from current Public Health self-isolation orders (i.e. essential services personnel), are required to self-isolate (**Appendix A**) and self-monitor (**Appendix B**) for symptoms for 14 days after their arrival in Manitoba, and should not come in contact with others who have not had the same travel exposure.
 - If HCW has NOT been in close contact with a traveler who is required to self-isolate, HCW is NOT required to self-isolate, HCW may RTW.
 - If HCW cannot isolate from returning traveler, they should not work.
 - RTW after 14 day isolation period complete as outlined by federal and provincial requirements for returning travelers, and HH member and HCW remain asymptomatic. Call OH for RTW.
 - Exemptions are in place for asymptomatic household members if they are fully immunized for COVID-19, or if they are an essential worker required to wear PPE while at work.
 - If returning traveler develops symptoms, contact Occupational Health and follow Direction 13a.
- HCW should limit contact with others and self-monitor for signs and symptoms until the traveler has completed their 14 day self-isolation period and remains asymptomatic.
- Travelers are advised to be tested on arrival in Manitoba, and again at 10 days after arrival (if tested prior to 7 days after arrival, repeat testing is recommended).
- If returning traveler becomes symptomatic, follow Federal and Provincial isolation requirements for returning travelers, for HCW follow Direction 13a.
- If asymptomatic routine testing of returning travelers is positive – call Occupational Health and follow Direction 9.

NOTIFY: site ICP, update OH spreadsheet.

Operationally Required – if process requested by Director or Site Lead – see **Appendix C**.

DIRECTION 14: N/A

DIRECTION 15: ROUTINE PRACTICES if asymptomatic with no travel or exposure history.

- HCW may RTW.

- Assessment and testing is currently available for anyone who develops symptoms of COVID-19.
- People who do not have symptoms of COVID-19 are not routinely tested.
- Provide reassurance and education on coronavirus and other respiratory illness. Provide general advice for respiratory symptoms including hand-washing and cough etiquette.
- If you develop symptoms in the future, immediately self-isolate and call back for advice on where to go for assessment and testing.

Notify: update OH spreadsheet.

Direction 16: If only one sx in category B with no travel or exposure history.

- HCW has only one symptom in category B:
 - HCW should isolate until asymptomatic > 24 hours. If symptoms progress and meet criteria for testing, follow Direction 8.
 - Call OH for RTW screen
- Household member or close contact to HCW has only one symptom in category B:
 - HCW may present to work as long as HCW remains asymptomatic.
 - If symptoms of household member or close contact increase to meet testing criteria, follow Direction 13a.

NOTIFY: update OH spreadsheet.

Appendix A: Self-Isolation Instructions

- Avoid contact with other people.
- Stay at home.
 - In a room or on a separate floor away from household members.
 - Stay away from common areas in the home.
 - Use a separate bathroom, if possible. If it is not possible, clean the shared bathroom frequently.
 - Wear a medical mask and stay two metres (six feet) away from others if you must leave your room or floor for necessary reasons, including using the bathroom.
 - Avoid contact with pets in your home.
- Clean your hands regularly.
 - Wash your hands with soap and water for at least 15 seconds, or use an alcohol-based hand sanitizer:
 - Before and after preparing food (avoid preparing food for others)
 - Before and after eating
 - After using the toilet
 - After touching shared household items (e.g., dishes, towels, etc.)
 - Before and after touching/using a face mask
 - After disposing of waste (e.g. a tissue) or handling contaminated laundry
 - Whenever hands look dirty.
- Cover your cough and sneeze.
 - Cough or sneeze into your sleeve or a tissue.
 - Throw used tissues in the garbage and immediately wash your hands, or use an alcohol-based hand sanitizer.
- Avoid sharing household and personal items.
 - Do not share dishes, drinking glasses, cups, serving/eating utensils, towels, bedding or other items.
 - Do not share cigarettes or other items that are put in the mouth.
- Keep your environment clean.
 - Clean and disinfect high touch areas (toilets, taps, light switches, doorknobs, TVs, phones, electronics and TV remotes) at least twice daily, or as needed.
 - Clean and disinfect shared bathrooms or common areas frequently.
- Confine activities to your home and outdoor property.
- Do not leave home to go to work, school or other public places.
- Do not attend faith-based services.
- Arrange to have groceries and supplies dropped off at your door. Do not go to curbside pickup from stores and restaurants.
- Do not have any visitors to your home.
- Cancel or notify service providers who regularly come into your home that a household member is sick.
- **Leave your home only if you need emergency or urgent medical care.**

Appendix B: Self-Monitoring Instructions

- Self-monitor for onset of any new symptoms, including fever, cough, headache, runny nose, sore throat, shortness of breath or breathing difficulties. For a full list of symptoms, visit: <https://manitoba.ca/covid19/updates/about.html>
- Taking your temperature twice a day (morning and night), using an oral digital thermometer (placed in the mouth). It is important to get an accurate temperature reading. Do not eat, drink, smoke or chew gum for 30 minutes prior to taking your temperature. Wait at least four hours after you have taken acetaminophen (Tylenol®) or Ibuprofen (Advil®).
 - Using the [Temperature Self-Monitoring Form](#) to record your temperature, and any other symptoms you may experience during the 14 day self-isolation (quarantine) period. https://www.gov.mb.ca/asset_library/en/coronavirus/temperature.pdf
- If symptoms develop call Occupational Health for guidance as you may qualify for a COVID swab.

Appendix C: Operationally Required Process

In certain circumstances Site Leads or Program Directors may ask if a staff member qualifies for as 'Operationally Required'. Per Shared Health the process should occur as followed:

- Site Lead/Director reaches out to site ICP or OH Team for possible exemption to OH directions
- Site Lead/Director fills out and submits form to site ICP. <https://sharedhealthmb.ca/wp-content/uploads/covid-19-oesh-fax-form.pdf>
- Should the employee be deemed "operationally required" AND approved to work **following the staff health risk assessment** AND is asymptomatic, staff may return to work but must avoid contact with high risk patients (*need to define here*).
 - The employee will be required to self-monitor for symptoms, including monitoring their temperature twice a day (form: https://www.gov.mb.ca/asset_library/en/coronavirus/temperature.pdf) and to wear a procedure/surgical mask for the duration of their shift and self-monitoring period. When masks are removed for breaks/eating staff should remain 6 feet from other people, follow social distancing guidelines and ensure hand hygiene is practiced. Masks should be changed when they become soiled or wet. When changing masks staff should remain 6 feet from other people follow social distancing guidelines and ensure hand hygiene is practiced.
 - Health care workers and physicians must immediately remove themselves from work if any symptoms develop, self-isolate and notify Occupational Health Services.
 - When not at work, HCW should self-isolate at home for the full 14 day period.
 - **For physician (MD) ask Operationally Required question:**
 - 1) Do you need to be on-site to deliver front-line clinical services? Yes or No
 - **IF No**, reinforce Self-isolation & Self-monitoring
 - **IF YES**, ask 2nd question
 - 2) Is there another MD/staff who could fill your shifts or provide the service?
 - **IF YES**, reinforce Self-isolation & Self-monitoring
 - IF NO** - direct MD to reach out to their site Medical Director/Chief of Staff
Chief of Staff contact's Dr. Allen Kraut office 204-789-3294
- Once approved by Dr. Kraut, confirm with site ICP

Appendix D: Exclusion Criteria for HCWs Exposed to COVID-19 Patients, Staff or Visitors

Healthcare worker PPE	Significant exposure for non-aerosol generating procedures (10 minutes cumulative exposure within 6 feet or unprotected direct contact to eyes or mouth with infectious secretions).		
	Patient/co-worker/visitor with procedure mask	Patient/co-worker/visitor with non-medical mask	Patient/co-worker/visitor without any facemask
Procedure mask, eye protection gown and gloves	Full protection as per guidelines. No additional follow up required.		
No procedure mask or respirator	Self-monitor for symptoms	Restrict from work*	Restrict from work
No eye protection	Self-monitor for symptoms	Restrict from work	Restrict from work
No gown or gloves	Self-monitor for symptoms#	Self-monitor for symptoms#	Self-monitor for symptoms#
Present during/performed aerosol generating procedures^			
Fit tested N95 respirator or equivalent, eye protection, gloves and gown	Full protection as per guidelines. No additional follow up required.		
No fit tested N95 respirator or equivalent	Restrict from work		
No eye protection	Restrict from work		
No gloves or gowns	If unprotected contact with significant amounts of vomit or diarrhea restrict from work otherwise self-monitor.		
Brief exposures not meeting criteria listed above			
No facemask or eye protection	Self-monitor for symptoms		

*Work restrictions require self-isolation for 14 days after last exposure.

^Aerosol generating procedures are as listed on the shared health website at: <https://sharedhealthmb.ca/files/aerosol-generating-medical-procedures-AGMPs.pdf>. For exposures affecting large groups, an assessment of the type and duration of exposure should be performed to determine which staff needs to be furloughed.

If unprotected contact with significant amounts of vomit or diarrhea work restrictions are appropriate.

Appendix E: How to Count Days

The date of latest exposure or date of onset of symptoms is day 0. HCW can return to work only after full 10 or 14 days of isolation have been completed.

Appendix F: Recommendations for All Lab Confirmed COVID-19 Cases that have a Positive VOC Screen and their Associated Close Contacts

The following is recommended for all cases with a positive VOC screen or confirmed variant of concern on genome sequencing. HCWs should be advised that positive VOC screen results are preliminary and require confirmation by genome sequencing.

Communication with Public Health:

- Public health should contact all previously identified contacts to inform of the exposure to the variant, provide updates on any changes to the isolation period, and inform of requirements for testing.
- If a positive VOC screen is not confirmed by genome sequencing and a variant of concern is not identified, public health should inform the case and contacts of the updated results and any updates to isolation and testing requirements.
- Contacts should be advised they cannot complete their self-isolation/quarantine at day 14 until negative test results are known (self-reported), otherwise their self-isolation period may be extended per Public Health.
- Confirmation of test results from close contacts is required to remove contacts from self-isolation, otherwise self-isolation periods will require adjustments.
 - OH must refer to Public Health/MOH for RTW screen for all HCW involved in all VOC cases.
- Exemption from self-isolation (quarantine) is allowed if the close contact is **asymptomatic**, AND is:
 - Fully immunized (i.e. two weeks since their last dose of the vaccine series), AND
 - Are not residents or inpatients in a healthcare or congregate setting, AND
 - Do not have a medical condition (e.g. immunocompromised) that would impact vaccine effectiveness, OR
 - Deemed 'recovered' by PH in the last 3 months
 - These individuals should continue to self-monitor for symptoms, and isolate immediately if any develop, and go for testing.

If HCW is a VOC case:

- All household members of a VOC case who isolates within the home, regardless of IP&C practices unless in a separate and independent suite, are considered exposed during the isolation period and must self-isolate for an additional 14 days after the case, or subsequent household cases, completes their isolation period. If subsequent cases are identified in the household, this may result in a longer quarantine period than 24 days for contacts.

- All VOC cases should be strongly encouraged to use AIA facilities to minimize the consecutive periods of isolation/quarantine.
- RTW for VOC positive cases – follow direction of Public Health and/or MOH.

If HCW is a Close Contact to a VOC:

- All contacts should be tested at day 10 after last exposure. Collection dates should be at day 10 or later for VOC contacts to ensure maximum detection of asymptomatic cases. The full 14 days quarantine period must be completed regardless of test results.
- **If not tested at day 10 or later, the self-isolation period for the asymptomatic contact must be extended for an additional 10 days, for a total of 24 days (14 day quarantine plus 10 day isolation period).**

If HCW is a Household Member of a VOC Close Contact

- All other household members of a VOC contact (when the primary case is NOT isolating in the home, should also self-isolate until the contact tests negative at day 10 or later.
- **If the contact is not tested, household members should be advised to isolate until the contact finishes their 24 days isolation/quarantine period and remains asymptomatic. If the contact is not tested, contacts of the contact are encouraged to be tested after the contact's self-isolation period is completed.**

Reinfections: Follow guidelines in this document for management of exposures in individuals who have been previously infected with COVID-19. If quarantine is not required as per guidelines, the contact should be notified that they have been exposed to a suspected variant of concern, they should self-monitor for symptoms for 14 days from the last exposure, and be advised to use all precautions to avoid further exposure to the case during the isolation period if in the household. They should be advised to notify public health/Health Links Info Santé if they do develop symptoms.

For further clarification on management of VOC cases, please see the Interim Guidance Public Health Document, 'Table of Comparisons Between Routine and VOC Guidelines' page 84-88. See link to HPS: https://manitoba.ca/asset_library/en/coronavirus/interim_guidance.pdf

References:

OESH COVID-19 Screening Tool for Occupational Health Version 5.0 February 24, 2021

Interim Guidance Public Health: Managing Novel Coronavirus (COVID-19) Cases and Contacts in Community – March 8, 2021
https://manitoba.ca/asset_library/en/coronavirus/interim_guidance.pdf

COVID-19 Screening Tool for Public Health and Health Links-Info Sante – March 8, 2021.
<https://sharedhealthmb.ca/files/covid-19-public-health-screening-tool.pdf>